# HOME OFFICE JOY

## DIGITAL NOMAD PACKING LIST

### LIVING ESSENTIALS

- Luggage
  - Essential backpack
  - Day bag/personal bag/purse
  - Quart sized clear plastic bag for liquids and aerosols
  - o Optional:
    - Checked bag
    - Carry-on sized suitcase
    - Packing cubes
    - Laundry bag
- o Clothes
  - 1 Weeks' worth of everyday clothes
  - o 1-2 Bathing suits
  - o 2 Pajamas or sleepwear
  - o 1-2 Hoodies
  - o 1 Rain jacket or poncho
  - Several pairs of socks
  - Several pairs of underwear
  - 1 Business professional outfit
  - Weather: 1 cold weather/snow jacket
  - Several reusable masks
- o Shoes
  - o 1 Pair of dress shoe
  - 1 Pair of walking/athletic shoe
  - 1 Pair of shower shoes (flip flop/thong)

- 1 Seasonally appropriate shoe
- Optional:
  - 1 Pair of house shoes/slippers
- Accessories
  - o 1-2 Belts
    - 1 Hat with brim
  - o Watch
  - o Sunglasses & case
  - Scarf, sarong, and/or multifunction garment
  - Seasonal appropriate accessories (snow gloves, snow hat, scarf etc.)
  - Optional:
    - small selection of jewelry & storage case
- o Toiletries
  - Toothbrush, toothpaste, floss
  - Shampoo, conditioner, soap
  - Facewash/skincare products
  - Makeup & makeup remover
  - o Sunscreen with SPF
  - o Deodorant/antiperspirant
  - Hairbrush/comb
  - Hair styling products

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- Contacts, glasses, prescription information & eye care (drops, containers etc.)
- Lip balm 0
- Hand lotion
- Hand sanitizer
- Nail clippers & nail file
- Shaving razor and/or travel hair trimmer
- Period products
- Toiletry bag
- Miscellaneous  $\circ$ 
  - Passport & travel documents
    - Visas
    - . Tickets
    - Travel insurance
    - Vaccination documents
    - Paper photocopies
  - Bank documents 0
  - Reusable water bottle 0
  - Travel wallet, cash, coin 0 purse
  - Travel first aid kit
  - Any prescription medication & refill documents
  - Include any over-thecounter medicine if not already in first aid kit like
    - Acetaminophen/Pa racetamol
    - Ibuprofen
    - Antacid
    - Allergy medication

- 1 Travel towel or towel set  $\cap$
- Travel sewing kit  $\cap$ 
  - Include safety pins
- S-Biner 0
- Carabiner 0
- Multitool
- Lightweight packable tote bag
- Eye mask, earplugs, & travel neck pillow
- Drybags to store your backup & emergency documents
- Optional:
  - Travel utensils with storage case (spork, chopsticks)
  - Deck of cards
  - Flashlight/head lamp
  - Duct tape
  - Hot travel mug
  - Travel blanket
  - Goggles

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### **DIGITAL NOMAD PACKING LIST**

### WORK ESSENTIALS & TECH GEAR

- o Electronics
  - 1-2 Universal power converter travel adapter
  - o Laptop, charger, &sleeve
  - External hard drive or UOSB stick
  - USB converters
  - Mini universal USB car adapter
  - o Smart phone & charger
  - Retractable ethernet cable
  - Retractable HDMI cable
  - All wires & wall chargers associated with your electronics
  - Power bank portable charger
  - Hot spot
  - o 1 Pair of noise canceling Bluetooth<sup>™</sup> headphones
  - Electronics organizer and/or drybag
  - $\circ$  SIM card
  - o International messaging app
    - Ex: WhatsApp<sup>™</sup>, WeChat<sup>™</sup>, Messenger by Facebook<sup>™</sup>
  - Preferred music/audiobook/podcast streaming services
    - Ex: Spotify<sup>™</sup>, Audible<sup>™</sup>
  - Optional:
    - Portable USB/Bluetooth™ keyboard, mouse, & laptop stand
    - Phone stand/tripod

- Rugged (durable & waterproof) Bluetooth<sup>™</sup> speaker
- Small grounded power strip
- Compact camera and/or GoPro™ & accessories
- E-Reader/Kindle
  Paperwhite<sup>TM</sup>/iPad<sup>TM</sup>
- Miscellaneous
  - o 2 Pens
    - o 1 Sharpie<sup>™</sup> or permanent marker
  - o Small notebook
  - o Business cards & card holder
  - o Portable travel safe for valuables

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